

## Humboldt County Referral Form – Specialty Guidelines

### ARCATA SPORTS MEDICINE

- Arcata Sports Medicine will contact the patient within 2-14 days to schedule.
- Fax referral to 707-826-7845.
- We do NOT accept referrals for Back Pain.

Reason for Referral (Clinical Question)	“Required” Clinical Testing & Documentation	“Preferred” Additional Clinical Testing & Documentation
Fracture	Xrays, digital to MRCU within 1 week	
Carpal Tunnel	Nerve Conduction Studies/EMG	
Internal Derangement	Current Xray within past 3 months	MRI
Torn ligament	Current Xray within past 3 months	MRI
Joint Pain (Knee, ankle, shoulder, etc.)	Xray within past 3 months	