

## Humboldt County Referral Form – Specialty Guidelines

### HUMBOLDT MEDICAL SPECIALISTS ORTHOPAEDICS

V11.19.15

- **Please ask your patient to contact us to schedule an appointment 5-10 business days after sending the referral.**
- For Emergent Referrals, send to the Emergency Department.
- Fracture referrals are seen within 1 – 14 days determined by the surgeon after reviewing the x-ray.
- At this time, we are unable to accommodate referrals for spine and foot/ankle arthritis.
- Unless urgent, eRAF must be included in the referral for patients with Partnership Health Plan.

Reason for Referral (Clinical Question)	“Required” Clinical Testing & Documentation	“Preferred” Additional Clinical Testing & Documentation
<ul style="list-style-type: none"> <li>• <b>All Joint Pain (knee, shoulder, hip)</b></li> </ul>	<ul style="list-style-type: none"> <li>• X-rays</li> <li>• Most recent clinical and/or key notes pertaining to the problem</li> <li>• Medication list</li> </ul>	<ul style="list-style-type: none"> <li>• Prior Operative Reports pertaining to the problem</li> <li>• PT notes</li> </ul> <p><b>If</b> x-rays are normal or less than advanced arthritis <b>and</b> clinical picture warrants further treatment, <b>then an MRI is needed for knee and shoulder patients.</b>  <b>If Labrum is concern and the patient is younger than 35 years old, then an MRI arthrogram is preferred.</b></p>
<ul style="list-style-type: none"> <li>• <b>Carpal Tunnel symptoms</b></li> </ul>	<ul style="list-style-type: none"> <li>• Nerve Conduction – Bilateral Median Nerve cross Carpal Tunnel</li> <li>• Most recent clinical and/or key notes pertaining to the problem</li> <li>• Medication list</li> </ul>	<ul style="list-style-type: none"> <li>• Prior Operative Reports pertaining to the problem.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>All other referrals</b></li> </ul>	<ul style="list-style-type: none"> <li>• Most recent clinical and/or key notes pertaining to the problem</li> <li>• Medication List</li> </ul>	<ul style="list-style-type: none"> <li>• X-rays, if indicated</li> <li>• Prior Operative Reports pertaining to the problem</li> </ul>