

Humboldt County Referral Form – Specialty Guidelines

Humboldt IPA Priority Care Center (PCC) Intensive Care Coordination

- **Please ask your patient to contact us at (707) 442-0478 after sending the referral, to schedule the appointment with a nurse.**
- **Fax referral to: 707-443-2527**

Information about Care Coordination Services at PCC

- Care Coordination Services are a FREE service for the members of the following health plans:
 - Anthem PPO
 - Anthem HMO
 - Blue Shield HMO
 - Blue Lake Rancheria
- Enrolled patients will work with a care team to support specific needs and goals
- Each care team includes: Nurse Practitioner, Registered Nurses, Medical Assistants, Marriage Family Therapist/Addiction Specialist, Certified Diabetes Educator, Certified Personal Trainers, Wellness Coaches

Reason for Referral	“Required” Clinical Testing & Documentation	“Preferred” Additional Clinical Testing & Documentation
Patients with multiple chronic conditions and/or complex health care needs benefit most from Intensive care coordination services. ➤ Please indicate what conditions your patient has and/or why they may need care coordination.	Any pertinent visit notes Current medication list	Current care plan

Examples of how The Priority Care Team Can Help:

Coordinate Care between health care providers	Create individualized diet and exercise plans	Group exercise classes
Provide stress and/or anxiety management techniques	Smoking cessation	Streamline labs, appointments, avoid ER visits
Provide information and education about condition(s), medication and treatment options	Accompany patients to medical appointments	And much more....