## **Humboldt County Referral Form – Specialty Guidelines**

## HUMBOLDT MEDICAL SPECIALISTS PLASTICS & RECONSTRUCTIVE SURG V1.12.17

- Please ask your patient to contact us 10 business days after sending the referral, to schedule the appointment.
- For Urgent Referrals, call 445-3075 to speak with the Plastic Surgeon on call.
- Unless urgent, eRAF must be included in the referral for patients with Partnership Health Plan.

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Reason for Referral	"Required" Clinical Testing &	"Preferred" Additional Clinical
(Clinical Question)	Documentation	Testing & Documentation
<u>ABDOMINAL SURGERY</u> ● Panniculectomy	<ul> <li>Pannus must drape to pubis</li> <li>Interference with the activities of daily living</li> <li>Has documented at least a 100 pound weight loss</li> <li>BMI &lt; 35</li> </ul>	
BLEPHAROPLASTY		Peripheral Field Study if done
Breast Reduction     Breast Reconstruction	<ul> <li>Breast Cancer Pathology report</li> <li>General Surgeon chart note</li> </ul>	
Gynecomastia		Hormone Studies Testicular exam
<ul> <li>HAND SURGERY</li> <li>Carpal Tunnel Syndrome</li> <li>Ganglion cyst/hand tumors</li> <li>Trigger fingers/DeQuervain's Tenosynovitis</li> <li>Dupuytren's Contracture</li> <li>Fingertip injury/tendon injury</li> </ul>		Nerve Conduction Study
OPEN WOUNDS/BURNS		Culture results if done Imaging studies if done MRSA culture results or history of MRSA
SKIN CANCER Melanoma  • Melanoma/Atypical pigmented Nevi Non Melanoma Skin cancers  • Basal Cell Carcinoma • Squamous Cell Carcinoma • Other non-melanoma skin cancers	Pathology report  Pathology report  Pathology report  Pathology report  Pathology report	Please note: We ask Dr. Megan Smith-Zagone local dermatopathologist to review all melanoma slides.

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SKIN LESIONS WITHOUT BIOPSY	<ul> <li>Clinical history, size and</li> </ul>	
	location of lesion,	
	Documentation of need for	
	plastic surgery evaluation.	
	<ul> <li>Consider Dermatology</li> </ul>	
	Referral	