

Humboldt County Referral Form – Specialty Guidelines

**Kate Vogelsang, FNP, CDE (Certified Diabetes Educator)**

- Please FAX your Referral to: (707) 839-2439.
- We accept ALL insurances.
- Effective 1/1/17, Medicare no longer covers diabetes education for patients who have ‘Pre-diabetes’, ‘impaired glucose tolerance’ or ‘metabolic syndrome’ diagnoses
- **SPECIAL NOTE: FREE Group Diabetes Education classes (NO REFERRAL NEEDED): Third Thursday of every month 3-4pm at Mad River Community Hospital, 3800 Janes Road. Minckler Room. 707-822-7220 x3502**

Reason for Referral (Clinical Question)	“Required” Clinical Testing & Documentation	“Preferred” Additional Clinical Testing & Documentation
<b>Type 1 Diabetes</b>	<ul style="list-style-type: none"> <li>• Most recent PCP chart note with current medication list. Include whether patient is currently on insulin or not.</li> <li>• HbA1C (within 3 months)</li> <li>• Urine Microalbumin (within last year)</li> <li>• Recent lipid panel and CMP</li> <li>• Include whether patient is referred for Education Only, Insulin start per protocol or Insulin Management</li> </ul>	
<b>Type 2 Diabetes</b>	<ul style="list-style-type: none"> <li>• Most recent PCP chart note with current medication list.</li> <li>• HbA1C (within 3 months)</li> <li>• Recent lipid panel and CMP</li> <li>• Include whether patient is referred for Education Only, Insulin start per protocol or Insulin Management</li> </ul>	Urine microalbumin within last year
<b>Gestational Diabetes</b>	<ul style="list-style-type: none"> <li>• OB Flow sheet</li> <li>• 2 hour GTT</li> </ul>	
<b>Metabolic Syndrome/Pre-Diabetes</b>	<ul style="list-style-type: none"> <li>• Fasting blood sugar</li> <li>• Most recent PCP chart note with current medication list</li> <li>• Include whether patient is referred for Education Only or Medication Management</li> </ul>	<ul style="list-style-type: none"> <li>• HbA1C (within 3 months)</li> <li>• 2 hour GTT</li> <li>• Recent lipid panel and CMP</li> <li>• Urine Microalbumin within last year</li> </ul>